Weekly Menu 2

w/c 9th Sept, 30th Sept, 21st Oct, 11th Nov, 2nd Dec, 23rd Dec, 13th Jan, 3rd Feb

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Curry & Boiled Rice Cauliflower & Mixed Veg	Traditional Beef Lasagne Peas & Sweetcorn	Roast Chicken Roast Potatoes Carrots & Broccoli	Mince Beef Pie Mashed Potato Carrots & Peas	Salmon Fish Cake Chipped Potato Garden Peas
Pasta Bake Cauliflower & Mixed Veg	Jacket Potato Cheese & Beans Salad Bar	Quorn Meatballs & Spaghetti Carrots & Broccoli	Macaroni Cheese Carrots & Peas	Cheese Slice Chipped Potatoes Baked Beans
Jam Sponge & Custard Fresh Fruit Yoghurt	Chocolate Crunch Custard Water Melon Wedge Ice Cream	Bakewell Tart & Custard Fresh Fruit Salad Yoghurt	Homemade Ginger Cookie Melon Boat Yoghurt	Fruit Crispy Cake Fresh Fruit Salad Ice Cream

Available Daily:

Fresh Salads, Bread, Water & Milk

Special dietary needs catered for on request

For allergen information please speak to a member of the catering team

Carmel Education Trust