

Autumn/ Winter 3 week Menu

Week 1

Week beginning:	Monday		Tuesday		Wednesday		Thursday		Friday	
	Option 1	Option 2	Option 1	Option 2	Option 1	Option 2	Option 1	Option 2	Option 1	Option 2
2/09/19	Ham & tomato	Cheese & Tuna baked pasta	Chicken Tikka Masala	Cheese & Tomato Pizza	Turkey Casserole & Dumplings	Quorn Toad in the Hole	Beef Burger	Noodle Stir Fry	Breaded Fish Fingers	Veggie Burger
14/10/19	Green beans & sweetcorn	Jacket potato	Boiled Rice	Potato Wedges	Roast Potatoes	Roast Potatoes	Potato Wedges	Mixed Vegetables	Chipped Potatoes	Chipped Potatoes
04/11/19			Peas & Sweetcorn	Peas & Sweetcorn	Cabbage & Carrots	Cabbage & Carrots	Baked Beans		Garden Peas	Baked Beans
25/11/19	Pudding		Pudding		Pudding		Pudding		Pudding	
16/12/19	Lemon Drizzle Cake & Custard Fresh Fruit Yoghurt		Iced Carrot Cake Melon Boat Ice Cream		Fruit Jelly Fresh Fruit Salad Yoghurt		Chocolate Sponge & Custard Water Melon Wedge Yoghurt		Homemade Oat Cookie Fresh fruit Ice Cream	
06/01/20										
27/01/20										

Week 2

Week beginning:	Option 1	Option 2	Option 1	Option 2	Option 1	Option 2	Option 1	Option 2	Option 1	Option 2
	09/09/19	Chicken Curry & Boiled Rice	Pasta Bake Cauliflower & Mixed Veg	Traditional Beef Lasagne	Quorn Meatballs & Spaghetti	Roast Chicken	Jacket Potato	Mince Beef Pie	Macaroni Cheese	Salmon Fish Cake
30/09/19	Cauliflower & Mixed Veg		Broccoli & Sweetcorn	Broccoli & Sweetcorn	Carrots & Swede	Beans Salad Bar	Mashed Potato	Carrots & Peas	Chipped Potato	Chipped Potatoes
21/10/19							Carrots & Peas		Garden Peas	Baked Beans
11/11/19	Pudding		Pudding		Pudding		Pudding		Pudding	
02/12/19	Jam Sponge & Custard Fresh Fruit Yoghurt		Chocolate Crunch Custard Water Melon Wedge Ice Cream		Bakewell Tart & Custard Fresh Fruit Salad Yoghurt		Homemade Ginger Cookie Melon Boat Yoghurt		Fruit Crispy Cake Fresh Fruit Salad Ice Cream	
23/12/19										
13/01/19										
03/02/19										

Week 3

Week beginning:	Option 1	Option 2	Option 1	Option 2	Option 1	Option 2	Option 1	Option 2	Option 1	Option 2
	16/09/19	Spaghetti Bolognaise	Cheese & Tomato Melt	Sausage & Mash	Sweet & Sour Quorn	Roast Turkey	Chilli Wrap	Mince Beef & Yorkshire Pudding	Neapolitan Pasta Bake	Oven Baked Fish
07/10/19	Peas & Sweetcorn	Peas & Sweet Corn	Cauliflower & Carrots	Boiled Rice	Carrots & Broccoli	Potatoes	Mashed Potato	Mixed Veg	Chipped Potatoes	Sauce
28/10/19				Cauliflower		Carrots & Broccoli			Garden Peas	Chipped Potatoes
18/11/19	Pudding		Pudding		Pudding		Pudding		Pudding	
09/12/19	Mandarin Sponge & Custard Fresh Fruit Yoghurt		Fruit & Jelly Fresh Fruit Salad Ice Cream		Sticky Toffee Pudding & Custard Melon Boat Yoghurt		Cornflake Tart & Custard Fresh Fruit Salad Ice Cream		Chocolate Muffin Water Melon Yoghurt	
30/12/19										
20/01/20										
10/02/20										

Available Daily: Fresh Salads, Bread, Water & Milk